

SPINNING SCHEDULE

	Day	Time
Level 1	Monday	5:30 - 6:45pm
Level 2	Tuesday	6:30 - 7:15am / 10:30 - 11:15am
	Wednesday	6:30 - 7:30pm
	Thursday	6:30 - 7:30am
	Sunday	8:30 - 9:15am / 9:30 - 10:30am
	Level 3	Saturday

All spinning classes are held in Court #1.
Schedules and instructors subject to change without notice.