

FALL 2021 PREMIUM GROUP FITNESS PROGRAMS: OCTOBER 17 - DECEMBER 19, 2021

Class	Location	# of Classes	Day	Dates	Duration	Time	Member Fee	Non-Member Fee
Gentle Hatha Yoga	Studio 5	8	Tues.	Oct. 26 - Dec. 14	60 min	12:15 - 1:15pm	\$110.00	\$135.00
Hatha Yoga	Studio 5	8	Tues.	Oct. 26 - Dec. 14	60 min	11:00am - 12:00pm	\$110.00	\$135.00
Hatha Yoga	Studio 5	8	Wed.	Oct. 27 - Dec. 15	60 min	6:30 - 7:30pm	\$110.00	\$135.00
Hatha Yoga	Studio 5	8	Sat.	Oct. 23 - Dec. 11	60 min	9:30 - 10:30am	\$110.00	\$135.00
Olympic-Style Non-Contact Box Fit (Boxing)	Studio 5	7	Tues.	Nov. 7 - Dec. 19	90 min	11:00am - 12:30pm	\$110.00	\$135.00
Restorative Yoga (Class available in-person or virtually)	Studio 5	8	Thurs.	Oct. 21 - Dec. 9	60 min	7:00 - 8:00pm	\$110.00	\$135.00
Vinyasa Yoga (Class available in-person or virtually)	Studio 5	8	Sun.	Oct. 17 - Dec. 5	60 min	10:00 - 11:00am	\$110.00	\$135.00

Prices and schedules subject to change without notice.