

## WINTER 2023 PREMIUM GROUP FITNESS PROGRAMS

Class	Location	# of Classes	Day	Winter	Duration	Time	Member Fee	Non-Member Fee
Kickboxing All Levels	Main Gym	10	Tues.	Jan. 10 – Mar. 14	60 min	6:30 – 7:30pm	\$145.00	\$185.00
Kickboxing All Levels	Main Gym	10	Thurs.	Jan. 12 – Mar. 16	60 min	11:00am – 12:00pm	\$145.00	\$185.00
Squash - Adult Learn to Play	Court 1	10	Wed.	Jan. 11 – Mar. 15	80 min	6:00 – 7:20pm	\$220.00	\$320.00
Squash - Adult Intermediate	Court 1	10	Wed.	Jan. 11 – Mar. 15	80 min	6:40 – 8:00pm	\$220.00	\$320.00
Squash - Kids Learn to Play	Court 1	10	Wed.	Jan. 11 – Mar. 15	80 min	4:00 – 5:20pm	\$220.00	\$320.00

Prices and schedules subject to change without notice. \*No house leagues on February 20.